

Blood Glucose Monitoring Chart

For advice on the monitoring of blood glucose and insulin products, dosage & administration contact the Pharmacy Department.

Patient's name:	RiO number:	Ward/Team:
Date of birth:	NHS number:	Responsible clinician:

Blood Glucose Monitoring Requirements

Start date	Frequency of testing	Time in relation to meals, insulin or other instructions	Meter / strips (ward or patient's own)	Prescriber signature	Pharmacy	Stop date

Record of Blood Glucose Monitoring

0 – 3.9 mmol/L	4.0 – 10.0 mmol/L	10.1 – 15.0 mmol/L	15.1 mmol/L - higher
Follow Trust guidelines for treatment of hypoglycaemia	Acceptable range – no action required Patient specific target:mmol/L	Refer to care plan Monitor more frequently Doctor to review insulin dose if required	Refer to care plan Check urine for ketones Administer short acting insulin as prescribed Monitor more frequently Contact doctor if concerned

Date	Time	Result (mmol/L)	Comment if required (e.g. recent sugary snack, illness)	Staff initials

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