

Ingram



Information for service users
Easy Read

Shining a light on the future



A member of staff or a carer can support you to read this booklet. They will be able to answer any questions that you have.

About Ingram



Ingram is part of Northumberland Tyne and Wear NHS Foundation Trust.

It is on the Northgate Hospital site.

The unit provides an Assessment and Treatment service for people with Autistic Spectrum Disorder and learning disabilities.

Inside Ingram



Ingram has room for 4 people.

Each person has their own flat.

All the rooms are on the same level.



Each flat has its own living room, dining room, bathroom and bedroom.



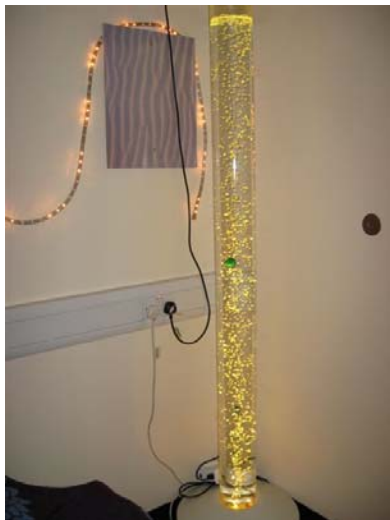
There is a kitchen you can use to do cookery or just make drinks.



You can bring your own things to make the flat the way you would like it.



There is a garden that you can use when you want to.



At Northgate there is a special room called a sensory room where you can go to relax.



There is also an activities room where you can play computer games, table tennis or do art/crafts and table top activities.



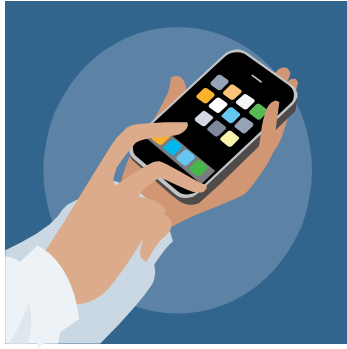
At the sports centre you can play football or tennis and you can try snooker and bowling.



There is a shop at Northgate.



You can go to the shop to buy sweets and other nice things.



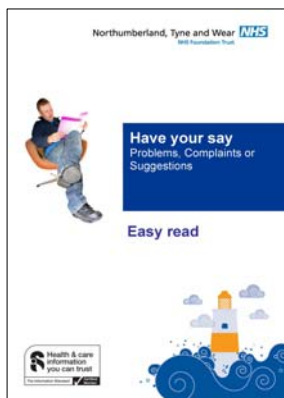
If you would like to talk to someone about Ingram, please ring 01670 394 111

Smoking



No one, including visitors is allowed to smoke inside Ingram.

Problems, complaints or suggestions



Northumberland, Tyne and Wear NHS Foundation Trust has a complaints policy. We will give you a leaflet about how to make a complaint.

If you think that we could improve our service then please let a nurse know your idea.



Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre.

This information can be made available in a range of formats on request (eg Braille, audio, larger print, BSL or other languages). Please contact the Patient Information Centre Tel: 0191 223 2545

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