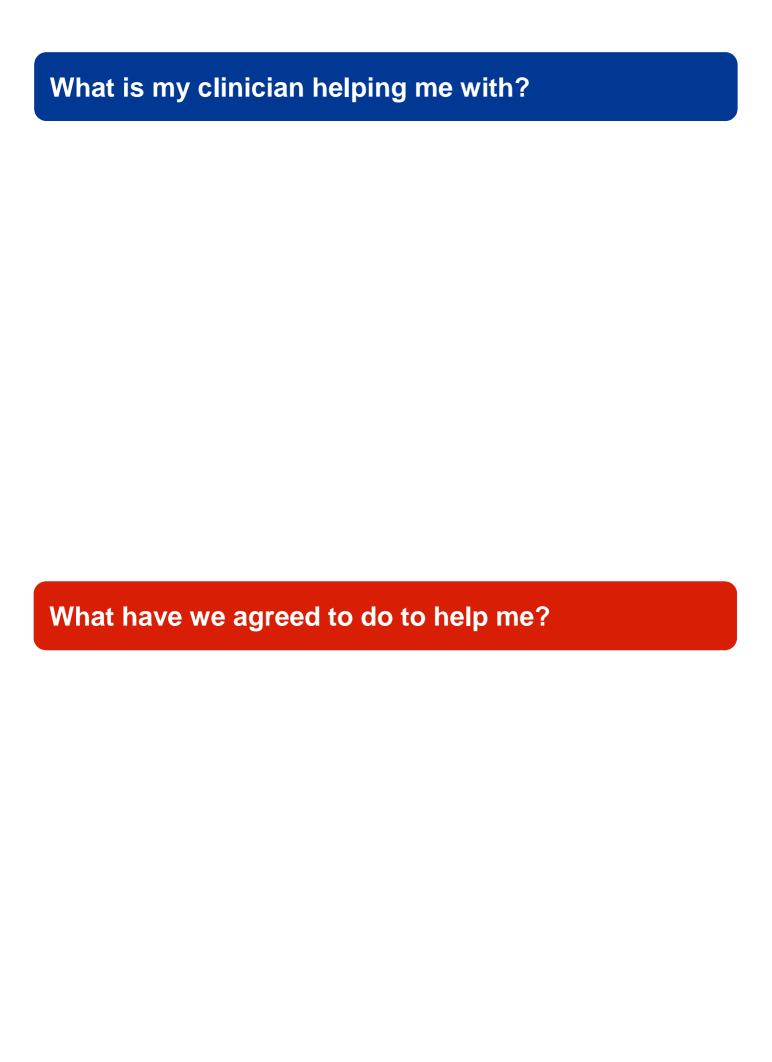
My Care Plan

In-patient Children and Young People's Service





How is it going?

What next?

A care plan is an agreement between you and your health professional to help you manage your health day to day.

By talking about your care plan with your health professional you can say how you want to manage your health and choose what's best for you. The care plan will be based on what you want so you're in control.

Use this space to write down any thoughts, ideas or questions. You can talk about them at your next meeting.

Your	name:
Your	clinician:
Date	