

# Easy read health information



Cumbria, Northumberland,  
Tyne and Wear  
NHS Foundation Trust



Available to view and download  
[www.ntw.nhs.uk/easyread](http://www.ntw.nhs.uk/easyread)

Self help guides

Booklets

Useful websites



**GreenLight** Toolkit



Caring | Discovering | Growing | **Together**