

# Breast cancer in men

Information for service users



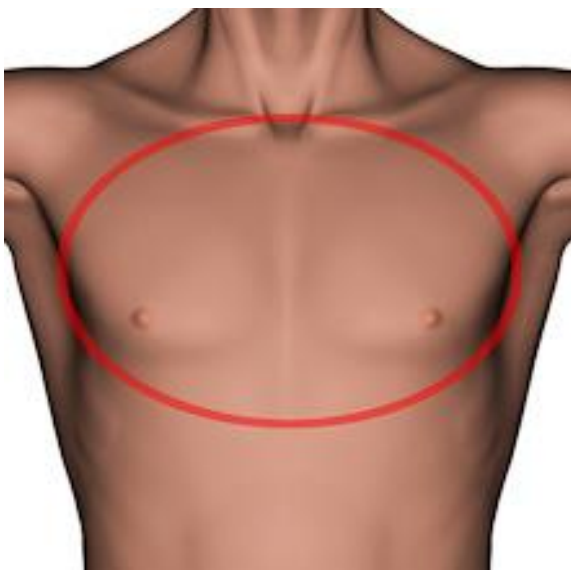
Easy Read

**A member of staff or a carer can support you to read this booklet. They will be able to answer any questions that you have.**

## **Do men get breast cancer?**



Most men think that only women get breast cancer. This is not true – men can get breast cancer as well.

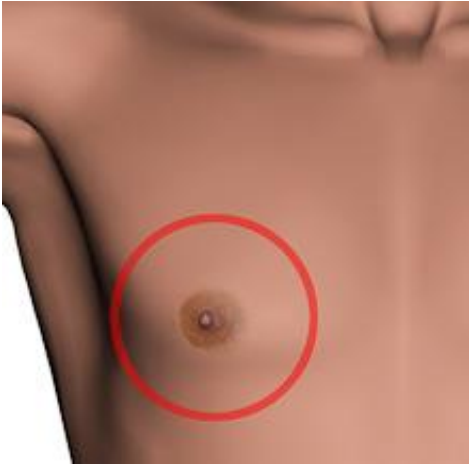


Breast cancer in men is rare but does happen.

Checking your chest/breasts can help you detect early signs of cancer.

You should check once a month.

## What should I look for?



Get to know how your chest and breasts usually look and feel.



Check your chest and breasts when you are in a warm bath or shower.

Look out for:

- Lumps
- Leaks from a nipple
- Tender or pulled in nipple
- Swelling of the chest/breast
- Swelling underarm

## What should I do if I notice any changes?



If you notice any changes you must go to see your doctor as soon as possible.



If you want any more information please contact your GP, Practice Nurse or Community Nurse.

## References

- North of Tyne Healthy Communities Collaborative
- Symptoms- breast cancer in men (NHS, 2020)  
[www.nhs.uk/conditions/breast-cancer-in-men/](http://www.nhs.uk/conditions/breast-cancer-in-men/)



Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre. If you would like to tell us what you think about this leaflet please get in touch.

This information can be made available in a range of formats on request (eg Braille, audio, larger print, BSL or other languages). Please contact the Patient Information Centre on 0191 246 7288.

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