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**USEFUL RESEARCH CONTACTS**

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| CNTW NIHR Portfolio Research Delivery Teams | | |
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| **Urgent Public Health Studies** | | | |
| **BASIL C-19**  Behavioural Activation in Social IsoLation  **Planned Rec End date**: **30/06/2021** | Participants are randomised to a behavioural activation (BA) intervention (up to 8 sessions, via telephone or video call) compared to usual care and treatment. Study aims to assess effectiveness of BA in benefiting physical and emotional wellbeing of older adults with underlying physical health conditions and indicators of low mood who have become more socially isolated due to Covid-19.  **Recruitment Pathway:** Identified directly from GP PIC sites, No CNTW referrals accepted. | Principal Investigator:Dr Robert Barber  Study Lead**:** Susan Wilson  07769 245342,  [susan.wilson1@cntw.nhs.uk](mailto:susan.wilson1@cntw.nhs.uk) | **Sponsor:** |
| **ISARIC CCP-UK**  ISARIC/World Health Organisation Clinical Characterisation Protocol for Severe Emerging Infections in the UK  **Planned Rec End date**: **30/09/21** | A “sleeping study” activated in the event of an emerging unknown pathogen – and activated for COVID 19. Quickly gathers data on COVID-19 to inform clinical management and public health responses. A Sovereign Data Source that feeds directly to SAGE, PH England, PH Scotland, and many other groups. For inpatients diagnosed with COVID-19, anonymised data is collected on a range of physical health measures/medications/co-morbidities/outcome etc.  **Recruitment Pathway:** Anonymised data collected remotely from a Rio; no referrals taken. | Principal Investigator: Jamie Rea, 07468 716186, [Jamie.rea@cntw.nhs.uk](mailto:Jamie.rea@cntw.nhs.uk)  Study Lead: Susan Wilson,  07769 245342,  [susan.wilson1@cntw.nhs.uk](mailto:susan.wilson1@cntw.nhs.uk) | **Sponsor:** |
| **Perinatal Mental Health Studies** | | | |
| **Skylark** Evaluating the Efficacy and Safety of Sage-217 In The Treatment Of Adults With Severe Postpartum Depression  **Planned Rec End date: 26/08/21** | A randomised, double- blind, placebo-controlled study evaluating the efficacy and safety of Sage-217 in the treatment of severe postpartum depression (major depressive episode within 4 weeks before delivery or up to a year after giving birth) Aims to evaluate symptoms of anxiety and depression and the safety and tolerability of SAGE-217  **Recruitment Pathway:** Via specialist perinatal services (CNTW). | Principal Investigator: Dr Andrew Cairns  Study Lead: Joseph Horne,  0191 2081381 / [Joseph.horne@cntw.nhs.uk](mailto:Joseph.horne@cntw.nhs.uk) | **Sponsor:** |
| **BDRN** On hold due to Covid  Molecular genetic investigation of bipolar disorder and related mood disorder in nuclear families  **Planned Rec End date: 31/12/22** | The study aims to find genes and other factors, such as stressful life events, which make some people more likely than others to become ill. We hope that their study will improve the understanding of mental illness and help researchers find better treatments in the future.  **Recruitment Pathway:** Clinician gives information leaflet to participant and gains permission to contact | Principal Investigator:  Dr Andrew Cairns  Study Lead: Emily Clare,  0797 0993186 / [Emily.clare@cntw.nhs.uk](mailto:Emily.clare@cntw.nhs.uk) | **Sponsor:** |
| **Bipolar Disorder Studies** | | | |
| **R-LiNK**  Optimizing response to Lithium treatment through personalised evaluation of individuals with BIPOLAR I disorder  **Planned Rec End date:** **10/01/22** | Aims to identify biomarkers of response to treatment in bipolar disorder. Optimising response to Lithium treatment through personalised evaluation of individuals with bipolar 1 disorder. The R-LiNK team can provide advice on the indication of lithium, assist with reminders for blood monitoring and support your patients with a detailed, regular follow-up throughout their participation.  **Recruitment Pathway:** via prescribing clinician/ through caseload/liaison with clinicians. | Principal Investigator:  Dr David Cousins  Study Lead: Jamie Rea,  0797 0993189 / [Jamie.Rea@cntw.nhs.uk](mailto:Jamie.Rea@cntw.nhs.uk) | **Sponsor:** |

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| **The PAX-BD study**  **Planned Rec End date: 01/10/21** | A double-blind, placebo-controlled, efficacy/mechanism study investigating the effect of adding pramipexole to antidepressant medication in patients with bipolar disorder who have depression that has not responded to other treatments.  **Recruitment Pathway:** Clinician referral or approach to seek permission to pass on to research delivery team. | Principal Investigator:  Dr Stuart Watson  Study Lead: Emily Clare,  0797 0993186 / [Emily.clare@cntw.nhs.uk](mailto:Emily.clare@cntw.nhs.uk) | **Sponsor:** |
| **(TRD) Treatment Resistant Depression Studies** | | | |
| **BRIGHTMIND**  Brain Image Guided Transcranial Magnetic Stimulation in Depression  **Planned Rec End date: 01/12/21** | A study testing the effectiveness of a new approach to treat Treatment Resistant Depression (TRD) using magnetic stimulation applied via the scalp. It Compare the efficacy of Connectivity Guided Intermittent theta-burst stimulation (cgiTBS) vs standard Repetitive Transcranial Magnetic Stimulation (rTMS).  **Recruitment Pathway:** Referral from any CNTW team, primary care referral pathway, self –referral. | Principal Investigator:  Prof Hamish McAllister Williams  Study Lead: Susan Wilson,  07970 993 181 / [Susan.Wilson1@cntw.nhs.uk](mailto:Susan.Wilson1@cntw.nhs.uk) | **Sponsor:** |
| **LQD**  Lithium versus Quetiapine in Treatment Resistant Depression  **Planned Rec End date: 30/07/21** | Trying to work out which of two medications (lithium or quetiapine) added to an antidepressant is best in helping people with Treatment Resistant Depression. Patients in the LQD study will be given either lithium or quetiapine alongside their antidepressant.    **Recruitment Pathway:** Self-referral or clinician referral | Principal Investigator:  Prof Hamish McAllister-Williams  Study Lead: Susan Wilson,  07769 245 342 / [Susan.wilson1@cntw.nhs.uk](mailto:Susan.wilson1@cntw.nhs.uk) | **Sponsor:** |
| **RESTORE-LIFE**  **Planned Rec End date: 31/07/23** | A Global Prospective, Multi-centre, Observational post-market Study to assess short, mid, and long-term Effectiveness and efficiency of VNS Therapy® as adjunctive therapy in real-world patients with difficult to treat depression.  **Recruitment Pathway:** Via RADS | Principal Investigator:  Dr Hamish McAllister Williams  Research Nurse: Samantha Bulmer, 07824 100801 / [Samantha.Bulmer@cntw.nhs.uk](mailto:Samantha.Bulmer@cntw.nhs.uk) | **Sponsor:** |

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| **Research into Psychosis** | | | |
| **STAR**  Study of Trauma and Recovery Randomised Controlled Trial  **Planned Rec End date: 31/03/22** | A Multisite Randomised Controlled Trial of Trauma-Focused Cognitive Behaviour Therapy for psychosis and trauma. Aims to reduce post-traumatic stress symptoms in people with co-morbid post-traumatic stress disorder and psychosis through CBT, compared to treatment as usual.  **Recruitment Pathway:** Clinician referral, Identified through caseload screening. | Principal Investigator: Dr Rob Dudley  Study Lead: Jamie Rea,  0797 0993189 / [Jamie.rea@cntw.nhs.uk](mailto:Jamie.rea@cntw.nhs.uk) | **Sponsor:** |
| **IPACCT** Improving prediction of psychosis in ARMS using a clinically useful prognostic tool (IPPACT): Phase 3 observational cohort Study  **Planned Rec End date: 31/03/22** | Aims to develop a prognostic model that predicts ARMS individuals at highest and lowest risk of psychosis using a brief set of non-invasive measures that are feasible in clinical practice and acceptable to service users and staff. To assess the external validity of these measures and the feasibility of implementing within clinical practice.  **Recruitment Pathway:** Service users accepted into ARMS Service unless explicit opt out | Principal Investigator: Dr Guy Dodgson  Study Lead: Jamie Rea,  0797 0993189 / [Jamie.rea@cntw.nhs.uk](mailto:Jamie.rea@cntw.nhs.uk) | **Sponsor:** |
| **PREFER**  Participant Preferences for Voice-Hearing Therapies  **Planned Rec End date: 30/11/21** | This questionnaire study aims to better understand patients’ preferences regarding psychological therapies for distressing voices. This will aim to inform future service design and package of the way psychological therapies are offered to patients who hear distressing voices.  **Recruitment Pathway:** Clinician to pass on information leaflet and gain permission to pass contact details to delivery team | Principal Investigator:  Dr Nicola Branley  Study Lead: Emily Clare,  0797 0993186 / [Emily.clare@cntw.nhs.uk](mailto:Emily.clare@cntw.nhs.uk)  Or Study Lead: Jahnese Hamilton  [jahnese.hamilton@cntw.nhs.uk](mailto:jahnese.hamilton@cntw.nhs.uk) | **Sponsor:** |
| **Current/recent user of mental health inpatient services** | | | |
| **SPRINT**  The Prevalence of **S**ocial Communication **PR**oblems in Adult Psychiatric **IN**pa**T**ients  **Planned Rec End date: 30/06/21** | A study investigating how common social communication problems, such as autism, are in adults who have spent time in a psychiatric hospital, as well as their physical and mental health needs. Data collected via questionnaires and interviews for participant and their carer (family member/friend/staff). This aims to improve the understanding needed to improve services for adults with social communication problems who have been admitted to a psychiatric hospital.  **Recruitment pathway:** Clinician to pass on information leaflet and gain permission to pass contact details to delivery team | Principal Investigator:  Dr Barry Ingham  Study Lead: Emily Clare,  0797 0993186 / [Emily.clare@cntw.nhs.uk](mailto:Emily.clare@cntw.nhs.uk) | **Sponsor:** |
| **Research into Learning Disabilities and Autism** | | | |
| **BEAT-IT** **Recruiting in Cumbria**  Behavioural activation for depression in adults with severe intellectual disabilities.  **Planned Rec End date: 30/09/21** | Study will examine if Behavioural Activation can be adapted for adults with more severe intellectual disabilities and depression, supported by their carers. Half the participants will take part in the Beat-It (behavioural activation) treatment, and half will receive usual NHS treatment. People who choose to take part will be involved for a maximum of six months.  **Recruitment pathway:** via Community Learning Disability Teams in North Cumbria | Principal Investigator:  Dr Dave Dagnan  Study Lead: Jahnese Hamilton, 07584589669/ [Jahnese.Hamilton@cntw.nhs.uk](mailto:Jahnese.Hamilton@cntw.nhs.uk) | **Sponsor:** |

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| **ClASP-ID**  The Clinical Anxiety Screen for Intellectual Disabilities  **Planned Rec End date: 01/10/21** | The study aims to develop a clinical tool for the detection of anxiety in non-verbal people with learning disabilities via questionnaires. The study is recruiting parents & carers of people aged 4+ with moderate to profound learning disabilities.  **Recruitment Pathway:** Study invite sent to family by delivery team on behalf of clinician. | Principal Investigator:  Dr Barry Ingham  Study Lead: Emily Clare,  0797 0993186 / [Emily.clare@cntw.nhs.uk](mailto:Emily.clare@cntw.nhs.uk) | **Sponsor:** |
| **EPILEPSY LD REGISTER**  A register for collecting/measuring outcomes of licensed Anti-Epileptic Drugs in patients with Epilepsy and Intellectual Disability and/or Pervasive Development Disorders  **Planned Rec End date: 20/11/24** | To ascertain the safety and impact of AEDs in PWE on individuals with ID and/or PDD with specific focus on the intensity and frequency of seizures and the side effects associated with their use and to compare these findings with data collected for a control group of PWE who do not have ID and/or PDD. | Principal Investigator:  Dr Ian McKinnon  Study Lead: Andrew Hamilton,  0797 0993197 / [Andrew.Hamilton@cntw.nhs.uk](mailto:Andrew.Hamilton@cntw.nhs.uk) | **Sponsor:** |
| **PAT-A**  Exploring the effectiveness of personalised non-pharmacological anxiety treatment for adults with autism  **Planned Rec End date: 30/06/21** | This is a national autism and anxiety survey, gathering the views of autistic people and professionals. Information gathered will be used to adapt current NHS anxiety treatments to make them ‘fit for purpose’ for use with autistic adults and test their efficacy in a randomised control trial.  **Recruitment Pathway:** Survey recruited to via relevant database search | Principal Investigator: Dr Barry Ingham  Study Lead: Susan Wilson,  07769 245 342 / [Susan.wilson1@cntw.nhs.uk](mailto:Susan.wilson1@cntw.nhs.uk) | **Sponsor:** |
| **Research for Children and Young Adolescents** | | | |
| **EOD-UK & ROI –**  Early Onset Depression in the UK and ROI in children aged 3-13 years  **Planned Rec End date: 28/02/22** | Uses epidemiological surveillance to study the prevalence of Early Onset Depression (EOD) in children between the ages of 3 years and 13 in the UK and Republic of Ireland as well as describing the presentation and clinical features of children with EOD, examine pathways of referral, duration between symptom onset and first-time diagnosis and the current management strategies offered.  **Recruitment Pathway:** via the Child Adolescent Psychiatry Surveillance System (CAPSS) | Principal Investigator: Dr Adi Sharma  Study Lead: Joseph Horne,  07973618424/ [Joseph.horne@cntw.nhs.uk](mailto:Joseph.horne@cntw.nhs.uk) | **Sponsor:** |
| **Research into Alzheimer’s / Dementia** | | | |
| **CREED**  Cholinergic ResponsE in Early lewy body Disease  **Planned Rec End date: 31/12/21** | interventional cross-over RCT  Aims to find the best way of predicting response to treatment for a cognitive impairment in DLB disease or PD dementia, identify who will benefit the most from treatment with a cholinesterase inhibitor.  **Recruitment pathway:** Recruited via case register or clinician referral | Principal Investigator:Dr Alison Yarnall  Study Lead: Victoria Hetherington,  07816366456 /  [Victoria.hetherington@cntw.nhs.uk](mailto:Victoria.hetherington@cntw.nhs.uk) | **Sponsor:** |
| **COGSLEEP**  Understanding the relationship between cognitive fluctuations, sleep, and arousal in Dementia with Lewy Bodies.  **Planned Rec End date: 28/02/22** | Observational Study  The Overall aim of the study is to better understand cognitive fluctuations in Dementia with Lewy Bodies (DLB)  **Recruitment pathway:** Via case register, clinician referral and self-referral | Principal Investigator: Dr Charlotte Allan  Study Lead: Emily Nuttall, 07970 993 199 / [Emily.Nuttall@cntw.nhs.uk](mailto:Emily.Nuttall@cntw.nhs.uk) | **Sponsor:** |

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| **DETERMIND**  DETERMinants of quality of life, care and costs, and consequences of INequalities in people with Dementia and their carer’s.  **Planned Rec End date: No set date- until recruitment target is met** | Observational Study  Longitudinal observational study to explore and understand inequalities in dementia care and what drives good and bad quality of life, outcomes, and costs for people with dementia and their carers following diagnosis via interviews.  **Recruitment pathway:** Via case register, clinician referral and self-referral | Local PI: Prof John-Paul Taylor  Study Lead: Emily Nuttall,  07970 993 199 /  [Emily.nuttall@cntw.nhs.uk](mailto:Emily.nuttall@cntw.nhs.uk) | **Sponsor:** |
| **Enlist**  Diagnostic and Prognostic Biomarkers in Dementia with Lewy Bodies. A UK Longitudinal Study  **Planned Rec End date: 28/02/22** | Observational Study  The overall aim of this study is to examine clinical and biomarker predictors of the rate of cognitive decline in individuals diagnosed with dementia with Lewy bodies DLB.  **Recruitment Pathway:** Recruited via case register, clinician referral and self-referral | Principal Investigator: Dr John-Paul Taylor  Study Lead: Emily Nuttall,  07970 993 199 / [Emily.Nuttall@cntw.nhs.uk](mailto:Emily.Nuttall@cntw.nhs.uk) | **Sponsor:** |
| **Impass**  Improving the assessment of driving safety in cognitive impairment  **Planned Rec End date: 01/01/24** | This is a cross sectional study of people with cognitive impairment who are having a Driving Mobility assessment as part of their routine clinical care for participants with capacity to consent. Participants will complete a clinical and cognitive assessment and questionnaires are completed by approved friends/relatives.  **Recruitment Pathway:** Referral by clinician for a Driving Assessment | Principal Investigator: Dr John Paul-Taylor  Study Contact: Kirsty Olsen,  [Kirstyolsen@nhs.net](mailto:Kirstyolsen@nhs.net)  CNTW Study Lead: Emily Nuttall, 07970 993 199 / [Emily.Nuttall@cntw.nhs.uk](mailto:Emily.Nuttall@cntw.nhs.uk) | **Sponsor:** |
| **PATHFINDER**  Problem Adaption Therapy for Individuals with Mild to Moderate Dementia and Depression  **Planned Rec End date: 01/07/21** | This interventional randomised controlled trial aims to develop an adapted Problem Adaptation Therapy Intervention, suitable for use with people with mild and moderate dementia and their main carer for delivery within the NHS. This is compared with care and treatment as usual.  **Recruitment Pathway:** Memory service, community treatment teams, case register | Principal Investigator: Dr Charlotte Allan  Study Lead: Nadia Burman,  07971030758/  [Nadia.Burman@cntw.nhs.uk](mailto:Nadia.Burman@cntw.nhs.uk) | **Sponsor:** |
| **Research into Huntington’s Disease** | | | |
| **ENROLL-HD**  Is a multi-centre, multi-national, prospective observational study of Huntington’s Disease  **Planned Rec End date: 31/12/2031** | The 3 main aims are to, to better understand HD as it happens in people to give insight into developing new drugs. To improve the design of clinical trials to rapidly provide clear outcomes – better, smarter, faster clinical trials will identify effective treatments as quickly as possible. To improve clinical care for HD patients by identifying the best clinical practices across all sites around the world and ensure that all families receive that standard of care.  **Recruitment Pathway:** Referral from Huntington Disease Consultants, nurses, support group and genetics clinic. | Principal Investigator: Dr Suresh Komati  Study Lead: Sarah Edwards,  07812 483 493 / [Sarah.edwards@cntw.nhs.uk](mailto:Sarah.edwards@cntw.nhs.uk) | **Sponsor:** |

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| **Neurodegeneration Case Register** |
| To facilitate recruitment to studies we have a Case Register for people with all types of **dementia, mild cognitive impairment, Parkinson’s disease, progressive supranuclear palsy and multiple system atrophy**. The Case Register holds information about patients interested in research. Members of the Case Register can be selected for suitable studies and asked if they would like to take part. Patients throughout the region should have opportunities to take part in clinical research. For clinicians, referring to the Case Register can be a step on the way to research activity.    Send the contact details of patients you have discussed research with to us.  Either write, copy us into a clinic letter, telephone, or email. We will then process these referrals.  **How to refer patients**  **Please contact us at**  Clinical Research Network  North East and North Cumbria Dementias and neurodegeneration (DeNDRoN),  St Nicholas Hospital Jubilee Road, Gosforth Newcastle upon Tyne, NE3 3XT    **Copy us into a clinic letter Phone:** 0191 246 7388 and leave a message or **Email:** [dendron@cntw.nhs.uk](mailto:dendron@ntw.nhs.uk)  **Data protection and confidentiality**   All data is stored securely on a CNTW Server  The database is used by approved Network and CNTW staff   Patient information is only released with the patient’s agreement.   Patients are free to withdraw from the Case Register at any time; we remove their details from the database |

***For more information on the MH Studies, please contact:***

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