## Resources for carers

The Trust is committed to working in partnership with carers. We have produced a range of resources to support you in your caring role.

Please ask a member of staff for a copy of the booklets below. This information is also available at www.cntw.nhs.uk/carers



- Carer Card
- Carer Promise
- Caring for someone? Preparing for conversations with the care team
- Useful contacts for carers
- Mummy is a hero
- Mummy is poorly