

Edenwood at Carleton Clinic



Information for patients,
families and carers

A member of staff or a carer can support you to read this booklet. They will be able to answer any questions that you have about Edenwood.

About Edenwood



Edenwood is based at Carleton Clinic, Carlisle and is part of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust. It is an assessment and treatment unit.

The unit is for adults with learning disabilities who need specialist hospital care because of their behaviour and/or mental health.



At Edenwood there are doctors, nurses and other professionals who will help you get better.



The ward has 4 bedrooms.



You will have your own bedroom with a shower and toilet.

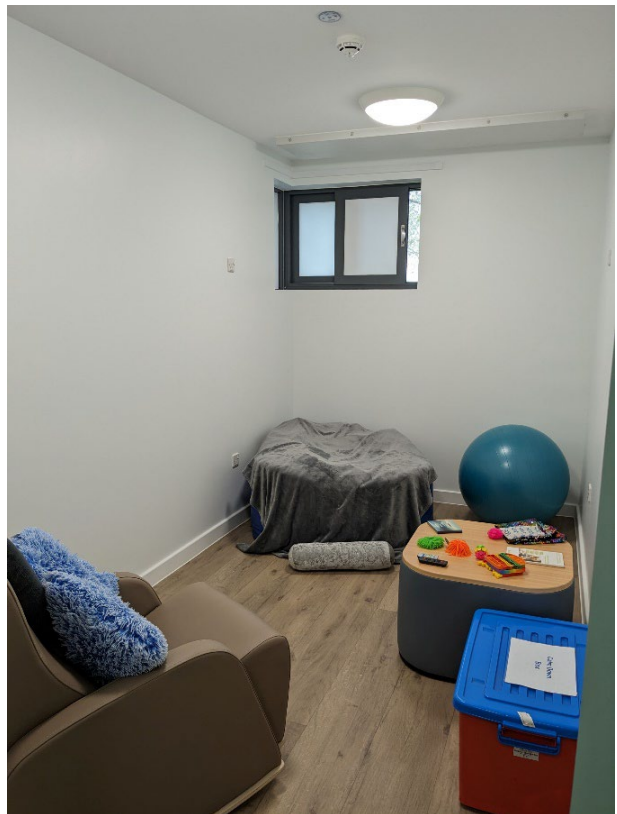
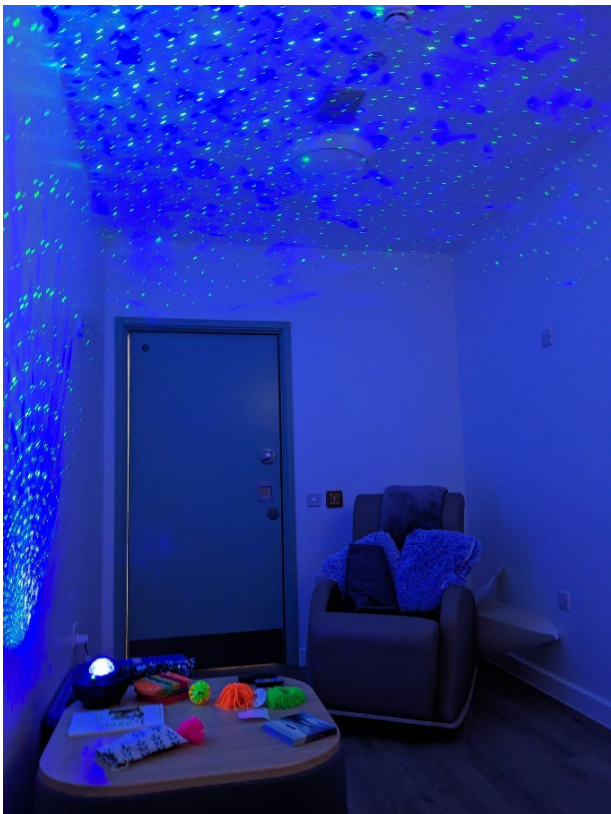


Currently two bedrooms have a lounge next door to them.



There is a large bathroom.

There is a sensory room.





There is a shared lounge and dining area.



There are separate quiet areas.

You can use these if you want to relax or just to have some quiet time on your own.



These rooms can also be used for therapeutic activities.

Outside Edenwood



During the nice weather you can use the garden.



There are tables and benches in the garden. You can use this area to relax in.

Smoking



The hospital has a no smoking policy on all wards and public places. No one, including visitors, is allowed to smoke anywhere on the site.

Staff can help you to give up smoking.

Visiting times



Families and carers are welcome to visit the ward.

We have protected mealtimes between
12 and 1pm
5pm and 6pm

We ask that families and carers avoid visiting during these times.

You can use one of the small lounges to meet your visitors.

More information



If you would like more information please ring 01228 608 800 and speak to a member of staff at Edenwood.

Problems, complaints or suggestions



Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust has a complaints policy. We will give you a leaflet about how to make a complaint.

If you think that we could improve our service then please let a nurse know your idea.



Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre. If you would like to tell us what you think about this leaflet please get in touch.

This information can be made available in a range of formats on request (eg Braille, audio, larger print, BSL or other languages). Please contact the Patient Information Centre Tel: 0191 246 7288

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