

# A guide to a Children and Young People's (CYPS) Neurodevelopmental Assessment Information for parents





**Your named Key Worker is:** \_\_\_\_\_

## **Introduction**

We have developed this leaflet to help families understand what to expect with a neurodevelopmental assessment within Children and Young Peoples Service (CYPS).

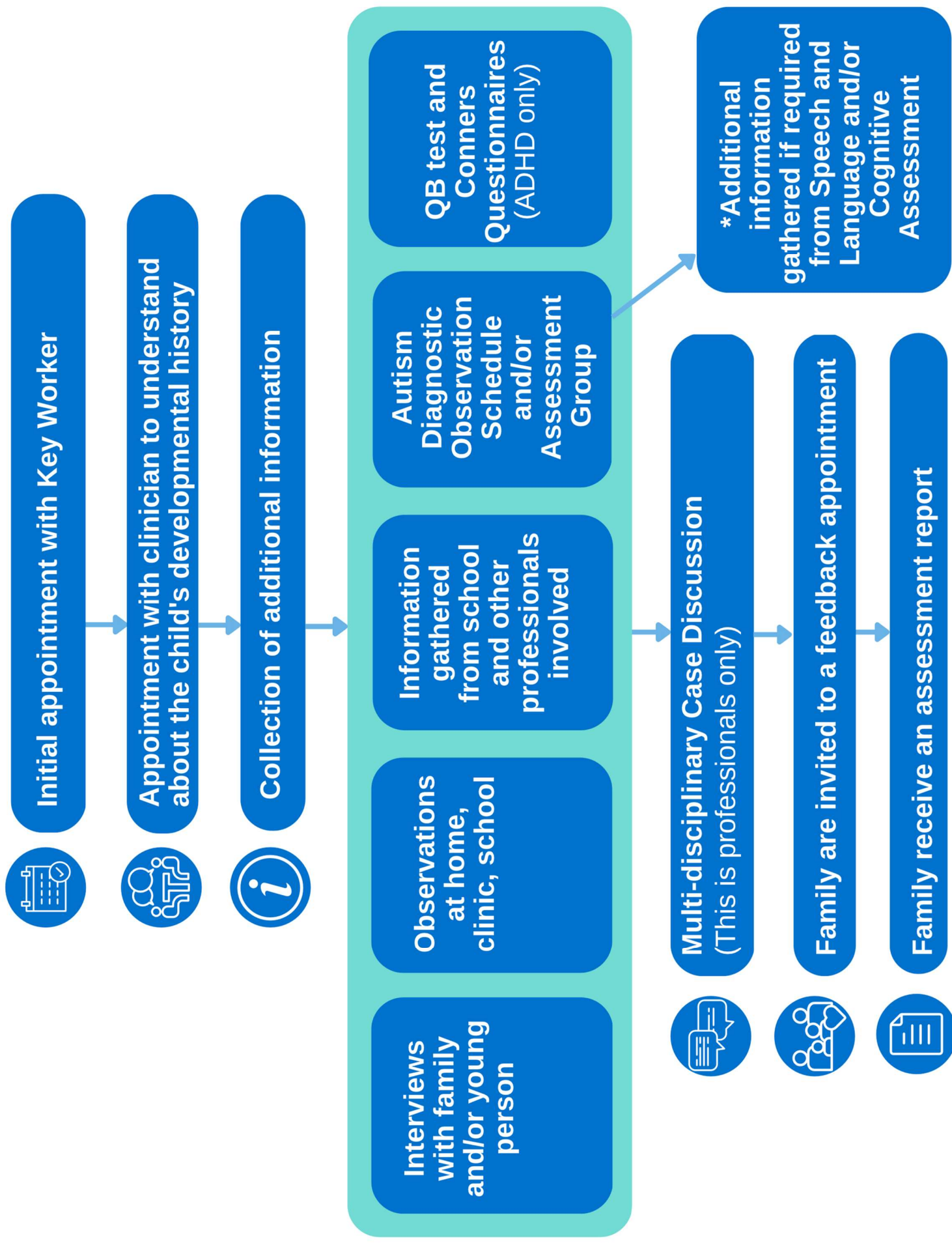
## **What to expect**

Your young person may be being assessed for Autism Spectrum Disorder, Attention Deficit Hyperactivity Disorder or both.

The diagram on the following page shows the process we go through to collect information. All parts of the assessment your child has received will be discussed with you at the feedback appointment and within the assessment report.

The assessment will involve gathering information from different people and different settings e.g. home, clinic or school. We may also speak with healthcare professionals and education staff. We may not need information from every section of the diagram in the green section, this will depend upon the information we receive throughout and type of assessment the young person is having.

You will have a named key worker who will keep in touch with you throughout the process.



## **Glossary of terms used in this leaflet**

### **Neurodevelopmental assessment**

An assessment to look at your child's strengths and difficulties to provide a full developmental profile.

### **Developmental history**

An interview discussing your child's development.

### **Autism Diagnostic Observation Schedule (ADOS)**

A play-based assessment that assesses social, imagination and communication skills. This is not a diagnostic tool on its own.

### **QB test**

A computer-based test that assesses inattention, hyperactivity and impulsivity. This is not a diagnostic tool on its own.

### **Conners questionnaire**

Questionnaire that assesses inattention, hyperactivity and impulsivity.

## **What if I have a comment, suggestion, compliment or complaint about the service?**

If you want to make a comment, suggestion, compliment or complaint you can:

- talk to the people directly involved in your care
- ask a member of staff for a feedback form, or complete a form on the Trust website  
[www.cntw.nhs.uk/contact/complaints/](http://www.cntw.nhs.uk/contact/complaints/)
- telephone the Complaints Department Tel: 0191 245 6672
- email [complaints@cntw.nhs.uk](mailto:complaints@cntw.nhs.uk) Please note that information sent to the Trust via email is sent at your own risk

We are always looking at ways to improve services. Your feedback allows us to monitor the quality of our services and act upon issues that you bring to our attention.

You can provide feedback in the following ways:

- the quickest way for you to do this is to complete our short online survey at [www.cntw.nhs.uk/yourvoice](http://www.cntw.nhs.uk/yourvoice)
- complete a Your Voice survey, available on wards, reception areas or from staff
- other options for sharing your feedback and experience [www.cntw.nhs.uk/yourfeedback](http://www.cntw.nhs.uk/yourfeedback)

### **Patient Advice and Liaison Service (PALS)**

PALS provide confidential advice and support, helping you to sort out any concerns that you may have about any aspect of your or your loved ones care.

We act independently when handling patient and family concerns, liaising with staff, managers and, where appropriate, relevant organisations, to negotiate prompt solutions. If necessary, we can also refer patients and families to specific local or national-based support agencies.

#### **North of Tyne**

Tel: 0800 032 0202

Email: [pals@nhct.nhs.uk](mailto:pals@nhct.nhs.uk)

Post: FREEPOST PALS

#### **South of Tyne**

Tel: 0800 328 4397

Text: 07825 061 035

Email: [pals@cntw.nhs.uk](mailto:pals@cntw.nhs.uk)

Post: Patient Advice and Liaison Service, Garden Lodge, Hopewood Park, Ryhope, Sunderland, SR2 0NB

9am – 4.30 pm, Monday to Friday

An answerphone is available at all times for you to leave a message. A member of the PALS team will aim to return your call as soon as possible.



## Contact information

You can contact your named key worker or CYPS duty team if you have any further questions throughout the assessment process.

### **Sunderland and South Tyneside Children and Young People Service**

Monkwearmouth Hospital  
Newcastle Road  
Sunderland  
SR5 1NB  
Telephone: 0191 566 5500

### **Cleadon Park Primary Care Centre**

Prince Edward Road  
South Shields  
Tyne and Wear  
NE34 7QD  
Telephone: 0191 566 5500

## Useful contact

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust  
Telephone: 0191 246 6800  
Website: [www.cntw.nhs.uk](http://www.cntw.nhs.uk)



Further information about the content, reference sources or production of this leaflet can be obtained from the Patient Information Centre. If you would like to tell us what you think about this leaflet please get in touch.

This information can be made available in a range of formats on request (eg Braille, audio, larger print, easy read, BSL or other languages). Please contact the Patient Information Centre  
Tel: 0191 246 7288.

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